

Enough Is Enough

64 Count, 2 Wall, Intermediate/Advanced
Choreographer: Pat, Lizzie & Jennie Stott (UK)
January 2009

Choreographed to: No More Tears
(Enough is Enough) (3mins 50seconds) by Amber &
Zelma Davis

Commence after 32 counts (on the vocals) 15 seconds

- 1. Forward, forward, back, back, forward, twist, forward, ronde kick**
 - 1 Step forward on right pushing right arm forward with palm facing forward (as if you are saying "stop!)
 - 2 Step forward on left pushing left arm forward with palm facing forward (as if you are saying "stop")
 - 3 Step back on right bringing arm back with hand at shoulder level with palm still facing forward
 - 4 Step back on left bringing arm back with hand at shoulder level with palm still facing forward
 - 5 Touch right toe forward keeping weight mainly on left, again pushing right arm forward (as above) (place palm of left hand on the front of the left hip bone)
 - 6 Keeping right toe forward bring right arm back to shoulder level and twist body $\frac{1}{4}$ to right keeping knees flexed (turn head to right)
 - 7 Turn body back to 12 o'clock (weight is still on left with right toe forward) and push right arm forward (as above) turn head to front
 - 8 Relax arms and ronde right round to the right side with a kick

 - 2. Sailor step, sailor step, step forward, bounce, bounce, kick**
 - 1 & 2 Right behind left, left to left, right in place
 - 3 & 4 Left behind right, right to right, left in place
 - 5 – 8 Right foot forward, raise and lower both heels twice (bounce, bounce) turning $\frac{1}{2}$ to left, kick left

 - 3. Coaster step, walk, walk, side, rock, close, side, rock, close,**
 - 1 & 2 Step back on left, close right to left, step forward on left
 - 3 – 4 Walk forward on right, walk forward on left
 - 5-6 & Rock right to right, recover on left, close right to left
 - 7-8 & Rock left to left, recover on right, close left to right

 - 4. Side, push, $\frac{1}{4}$ turn, slide and hook, shuffle forward, rock forward, recover**
 - 1 – 2 Rock right to right, push off right foot and take a step to left
 - 3 – 4 Turning $\frac{1}{4}$ to right slide right towards left, hook right in front of left
 - 5 & 6 Step forward on right, close left to right, step forward on right
 - 7 – 8 Rock forward on left, recover onto right

 - 5. Lock step back, reverse $\frac{1}{2}$ pivot, stomp, hold, close, step, tap**
 - 1&2 Step back on left, cross right in front of left, step back on left
 - 3 – 4 Touch right toe back, turn $\frac{1}{2}$ right transferring weight to right
 - 5 – 6 Stomp left forward to left diagonal, hold
 - &7,8 Close right to left, step forward to left diagonal, tap right next to left

 - 6. Cross, recover, chasse to right, cross, recover, side, slide**
 - 1 – 2 Cross right over left, recover on left
 - 3 & 4 Step right to right, close left to right, step right to right (or rolling vine)
 - 5 – 6 Cross left over right, recover on left
 - 7 – 8 Large step to left, drag right to left (keeping weight on left)

 - 7. Back, touch, hold, back, touch, hold, back, touch, back, touch, back, touch, kick**
 - &1-2 Step right diagonally back, touch left next to right, hold
 - &3-4 Step left diagonally back, touch right next to left, hold
 - &5 Step diagonally back on right, touch left next to right
 - &6 Step diagonally back on left, touch right next to left
 - &7, 8 Step diagonally back on right, touch left next to right, kick left across right to right diagonal

 - 8. Touch, touch behind, slow $\frac{1}{2}$ turn, $\frac{1}{2}$ pivot, walk, walk (or full turn)**
 - 1 – 2 Touch left toe to left, touch left toe behind right
 - 3 – 4 Knees flexed slowly turn $\frac{1}{2}$ to left straightening legs on beat 4 with weight on left
 - 5 – 6 Step forward on right, $\frac{1}{2}$ pivot left transferring weight to left
 - 7 – 8 Walk forward on right, walk forward on left
(or turn $\frac{1}{2}$ left stepping back on right, turn $\frac{1}{2}$ left stepping forward on left)
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1st Tag- end of wall 1 (facing 3 o'clock)

Dance steps 1 – 4

2nd Tag- end of wall 4 (facing 12 o'clock)

- 1 – 2 Step right to side pushing right palm forward, hold
- 3 Bring right back to shoulder level and push left palm forward
- & Bring left back to shoulder level and push right palm forward
- 4& Bring right back to shoulder level and push left palm forward transferring weight to left, bring left arm back as you begin the dance again

Option to 2nd tag: just dance steps 1 – 4 as per the 1st tag at the end of wall 1

Ending to dance

The music will end after the last 2 walks forward facing 9 o'clock – just stomp right foot forward pushing Right palm forward and hold (and pose!!!!)

Have fun! ☺

Music download available from iTunes (the track we use is 3 mins 50 seconds)

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